

| Priority: Long Term Conditions and Cancer | | | |
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| Outcome Objective – Reduced prevalence of the major ‘killers’ and increased life expectancy | | | |
| Measure | Baseline 2011/12 | Target 2013/14 | 2014/15 |
| Rate of deaths from causes considered preventable of persons under 75 | 130.1 | 107.4 | 96.1 |
| Rate of deaths from all cardiovascular diseases (including heart disease and stroke) of persons under 75 | 106.1 | 81.4 | 71.5 |
| Rate of deaths from cancer of persons under 75 | 135.1 | 124.0 | 117.9 |
| Rate of deaths from respiratory disease of persons under 75 | 37.7 | 32.2 | 29.4 |
| Percentage of people who are eligible for cancer screening who are screened | Breast 65.9% Cervical 72% Bowel 32.5% | Targets to be agreed with Public Health England | Targets to be agreed with Public Health England |
| Proportion of people who are eligible, who take up the NHS Health Check Programme ¹ | 20% | +12% | +12% |
| CARDIOVASCULAR | | | |
| Action/strategy/programme to deliver | Lead | Milestones | Timescale |
| NHS Health Checks to detect onset of cardiovascular disease to appropriately refer onto care packages | Public Health | Quarterly reports to monitor the uptake of the NHS health check. | June/September/December 2013 /March2014 |
| | | To evaluate the current programme in relation who is accessing the NHS Health checks. | September 2013 |
| | | Identify developments and Implement changes required to ensure the checks are | September – March 2014 |

¹ The NHS Health Check Programme is a multi-year programme of health checks. The targets have been set to ensure the eligible population is covered over the course of the programme.

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| | | accessed on an equitable basis. | |
| Finalise review of diagnostics provision including ECG survey and echo. Explore the feasibility of setting up a pilot provision with Barts Health for open access echo and 24hr ECG service at BLT. | TH CCG | Complete exploratory work | July 2013 |
| Review of CVD care package | TH CCG | Review reports and recommendations included in commissioning intentions | October 2013 |
| DIABETES | | | |
| Action/strategy/programme to deliver | Lead | Milestones | Timescale |
| Review diabetes care planning, including the use of high cost insulin | TH CCG | Work with prescribing team in cross-sector prescribing initiative to reduce spend on high cost insulin use | April 2013 and reviewed on a monthly basis |
| | | Seek qualitative feedback from patients on their experience of their care planning consultation within the diabetes care package | September 2013 |
| | | Review the diabetes care package to support individual general practices in tighter control of diabetes within their patient population in the first 10 years after diagnosis | October 2013 |
| | | Introduce changes | April 2014 |
| HYPERTENSION | | | |
| Action/strategy/programme to deliver | Lead | Milestones | Timescale |

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| Review of hypertension care package | TH CCG | Carry out review | April 2013-Sept 2013 |
| | | Changes built into commissioning intentions | October 2013 |
| | | Changes to care package introduced | April 2014 |
| RESPIRATORY | | | |
| Action/strategy/programme to deliver | Lead | Milestones | Timescale |
| Review of COPD Care Package | | Results fed into commissioning intentions | March 2014 |
| Review of whole system care pathways for Childhood Asthma | | Findings will be used to inform the future work plans of the CCG and commissioning intentions for 2014/15 and beyond | March 2014 |
| Current provision and needs for Adults Asthma | | Examine JSNA data on asthma admissions, in particular differentiating between adult and children. | August 2013 |
| | | Results fed into commissioning intentions | October 2013 |
| Appoint a <i>Home Oxygen</i> Specialist to undertake cost benefit analysis of developing a HOSAR, with support from the CSU. | | Appointment of specialist | August 2013 |
| | | Recommendations to be included in contract negotiations | January 2014 |
| CANCER | | | |
| Action/strategy/programme to deliver | Lead | Milestones | Timescale |
| Early Identification through: <ul style="list-style-type: none"> increasing the uptake of breast, bowel and cervical screening using targeted outreach, | Public Health | Link with Public Health England to agree screening targets agree assurance process | July 2013 |

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| <p>primary care endorsement, improved practice systems</p> <ul style="list-style-type: none"> increasing public awareness of cancer and the need to report symptoms without delay through the small c campaign | | Commissioned community organisations will engage directly with at least 2,800 local people in target groups to increase awareness cancer | March 2014 |
| Cancer waiting times, improvement against the 62 day wait standard | CCG | Set local priority for monitoring of 62 day wait | April 2013 |
| | | Develop 'flag' when patients reach day 42 | September 2013 |
| | | Monthly review of performance | April 2013 onwards |
| MAKING EVERY CONTACT COUNT | | | |
| Action/strategy/programme to deliver | Lead | Milestones | Timescale |
| To develop a public health approach in the health and social care consultations which take place as part of the long-term conditions care packages consultations to "make every contact count". | Public Health | <p>To identify the how public health issues are currently integrated specific long-term conditions consultations.</p> <p>To develop initiatives and implement changes to start to improve content of the consultations with patients within the long-term care packages</p> | <p>October 2013</p> <p>March 2014</p> |

| Outcome Objective – Improved patient experience and co-ordination of health, housing and social care for those with single or multiple long term conditions | | | |
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| Measure | Baseline 2011/12 | Target 2013/14 | 2014/15 |
| Proportion of people feeling supported to manage their condition | 89% (2012/13) | 91% | 93% |
| Proportion of people who use services and carers who find it easy to find information about services | 73% (2012/13) | 75% | 77% |
| Overall satisfaction of people who use services with their care and support | 64% (2012/13) | 66% | 69% |
| Action/strategy/programme to deliver | Lead | Milestones | Timescale |
| Lead a cultural change programme for professionals and staff about self-care | Health and Wellbeing Board | To be advised | To be advised |
| Develop an integrated community health and social care contact point (Referral hub in health and First Response) | Integrated Care Board | Sign of of integrated care delivery plan | June 2013 |
| | | Design group for integrated community health team commences | June 2013 |
| Improve coordination and consistency between re-ablement and rehabilitation. | Integrated Care Board | Go live of new specification | September 2013 |
| Review evidence of self-care programmes | Public Health | Complete literature review of evidence of cost effective self care programmes, aligned to patient groups targeted by integrated care | September 2013 |
| | | Make recommendations for the CCG Board to consider | October 2013 |
| Implement an integrated advanced care plan and record for patients that sit across health and social care | Integrated Care Board | Roll out of ORION pilot | September 2013 |
| | | Finalise info sharing agreements | September 2013 |
| | | Develop joint care assessment | July 2013 |

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| 18 month pilot to integrate social workers in the Multi-Disciplinary team meetings for the community virtual ward and co-locate with community matrons | Integrated Care Board | Recruitment and appointment process underway | February 2013 |
| | | Co-locate social workers into the locality based clinics | July 2013 |
| Develop and provide robust community-based Geriatric provision focus on admission avoidance, early discharge and effective community-based management of complex and/or vulnerable cases including last years of life. | Integrated Care Board | Recruitment and appointment locum cover | April 2013 |
| | | Establish working arrangement to co-locate in the locality based clinics | May 2013 |
| Develop and provide continence service in care homes | Integrated Care Board | Provision of continence equipment | March 2014 |
| Establish jointly chaired forum with health and social care to develop an integrated approach to commissioning the older persons pathway that takes a whole system person centred approach. | Integrated Care Board | Develop workplan for older persons pathway | September 2013 |
| Formalise and make clearer the communication about patient prognosis to patients and between secondary and primary care. | TH CCG | OD with BH | April 2015 |
| | | Early adapter groups | |
| | | Shared language re: prognosis | |
| Engender a cultural shift that 'normalises' death in the community and supports advanced care planning | TH CCG | Use engagement to test where advance care planning could be accessed e.g. when registering with GP / benefit advice etc | April 2014 |
| | | Collecting data and qualitative feedback to develop a baseline position to inform developments of advance care planning | April 2104 |
| Improve availability and access to information on healthy dying by embedding in single health and social care information resource system for professionals and residents | Health and Wellbeing Board | Collate directory of support available | TBC |

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| Improve support given to those dying and their carers | TH CCG | Create a checklist of things to consider and where to get support for patients / carers. | April 2014 |
| | | Checklist triggered when GP issues DS1500 to patients | April 2014 |
| Review current programmes that support preferred place of death and produce analysis of what works and what doesn't work | TH CCG | Commission research/needs assessment with public health | April 2014 |

| Outcome Objective – More people with learning disabilities receiving high quality care and support | | | |
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| Measure | Baseline 2011/12 | Target 2013/14 | 2014/15 |
| Overall satisfaction of people with learning disabilities who use services with their care and support | 91% (2012/13) | 93% | 95% |
| Proportion of adults with learning disabilities in paid employment | 7.9% (2012/13) | 9% | 10% |
| Proportion of adults with learning disabilities who live in their own home or with their family | 60% | 65% | 70% |
| Action/strategy/programme to deliver | Lead | Milestones | Timescale |
| Implement the recommendations from the Learning Disability Self Assessment Framework | Learning Disability Partnership Board and the Clinical Commissioning Group | Oversee implementation of the aims of Valuing People Now and other local objectives to improve the lives of people with learning disabilities in Tower Hamlets, namely: | March 2014 |
| Develop and implement plan for autism services and improvement | Autism Strategy Implementation Group | Autism plan developed and agreed | <i>March 2014</i> |
| | | Diagnostic and Intervention Team in place | <i>March 2014</i> |
| Improve housing options for people with learning disabilities in Tower Hamlets | Learning Disability Partnership Board | Commissioning plan for accommodation options agreed | June 2013 |
| | | Existing learning disabilities accommodation remodelled where appropriate | April 2014 |
| | | Delivery of commissioning plan outcomes within identified timescales in the Commissioning Plan, with the exception of those that are | April 2014 |

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| | | reliant on decommissioning or procuring buildings | |
| | | New services as identified in the plan in place | March 2016 |

| Outcome Objective – More carers having good physical and mental health and feel fully supported | | | |
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| Proposed outcome measures | | | |
| Carer-reported quality of life | | | |
| The proportion of carers who report that they have been included or consulted in discussions about the person they care for | | | |
| Health-related quality of life for carers | | | |
| Measure | Baseline 2011/12 | Target 2013/14 | 2014/15 |
| Quality of life as reported by carers | 33 % (reported feelings of stress,depression and physical strain 2010) | TBC | TBC |
| Proportion of carers who report that they have been included or consulted in discussions about the person they care for | 25% (Carers Survey 2012) | 30% | 40% |
| Health-related quality of life for carers | 41%(TH Carers Survey 2010 reported their general health to be good) | 45% | 49% |
| Action/strategy/programme to deliver | Lead | Milestones | Timescale |
| Deliver the Carers Plan 2012/15through the following workstreams: Pathways to support for Carers; Information Advice and Prevention; Health support and understanding health conditions; Personalising support and personal budgets and Transforming respite Health Checks for Carers | Carers Programme Board (chair: Service Head – Adult Social Care) | Carers awareness training programme for the Out of Hours Service developed | April 2014 |
| | | Carers awareness training programme to include: <ul style="list-style-type: none"> • GPs • Pharmacists | November 2013 |